

**ACTIVATION: Prophecy practice using sound**

**1) Write down your response to the following questions.**

- What was happening in your spirit as you listened to the music?
- How did you feel?
- What did you sense?
- Did a thought come to your mind?
- Did a picture start to develop?
- With whatever you received – now ask Father, Jesus or Holy Spirit more about it.  
*For example: If you felt peace then ask Father is there a specific area they need peace in?*

**2) Further questions:**

- God what encouragement do you want to give this person?
- God, what comfort do you want to bring this person?
- God, how do you want to strengthen/build them?

- God, is this for a specific area of their life?

**3) Further questions:**

- God, what part of your character do you want to reveal to this person?
  
- God, what are you releasing from heaven for this person/situation?

**4) Check it, Deliver it, Receive Feedback**

- ★ Does it line up with the word of God?
- ★ Does it sound like a loving heavenly Father?
- ★ Does it sound like the Good Shepherd?
- ★ Is it encouraging or comforting or building?
- ★ Does it line up with the New Testament covenant of Grace?

→ **Share what you received with the person – just say what you wrote down and don't go into your own details.**

**Then ask the person to give feedback if it resonated with them.**

**The receiver does not need to go into detail about their past history.**